



Open Ended Food History

Open ended food histories should be completed for the duration of the infecting organism's maximum incubation period (e.g. for Salmonella, complete a 3-day food history). Circle if meal eaten at home or out.

Onset of Earliest Symptom (e.g. 15/Dec/07): ____/____/____ M T W Th F Sat Sun

Day 1 Date (e.g. 15/Dec/07): ____/____/____ M T W Th F Sat Sun

<i>Breakfast</i> home or out _____	<i>Lunch</i> home or out _____	<i>Supper</i> Home or out _____	<i>Other/snacks</i> _____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Day 2 Date (e.g. 15/Dec/07): ____/____/____ M T W Th F Sat Sun

<i>Breakfast</i> home or out _____	<i>Lunch</i> home or out _____	<i>Supper</i> Home or out _____	<i>Other/snacks</i> _____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Day 3 Date (e.g. 15/Dec/07): ____/____/____ M T W Th F Sat Sun

<i>Breakfast</i> home or out _____	<i>Lunch</i> home or out _____	<i>Supper</i> Home or out _____	<i>Other/snacks</i> _____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Day 4 Date (e.g. 15/Dec/07): ____/____/____ M T W Th F Sat Sun

<i>Breakfast</i> home or out _____	<i>Lunch</i> home or out _____	<i>Supper</i> Home or out _____	<i>Other/snacks</i> _____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Day 5 Date (e.g. 15/Dec/07): ____/____/____ M T W Th F Sat Sun

<i>Breakfast</i> home or out _____	<i>Lunch</i> home or out _____	<i>Supper</i> Home or out _____	<i>Other/snacks</i> _____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____



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Day 6 Date (e.g. 15/Dec/07): ____/____/____ M T W Th F Sat Sun

<i>Breakfast</i> home or out _____	<i>Lunch</i> home or out _____	<i>Supper</i> Home or out _____	<i>Other/snacks</i> _____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Day 7 Date (e.g. 15/Dec/07): ____/____/____ M T W Th F Sat Sun

<i>Breakfast</i> home or out _____	<i>Lunch</i> home or out _____	<i>Supper</i> Home or out _____	<i>Other/snacks</i> _____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Day 8 Date (e.g. 15/Dec/07): ____/____/____ M T W Th F Sat Sun

<i>Breakfast</i> home or out _____	<i>Lunch</i> home or out _____	<i>Supper</i> Home or out _____	<i>Other/snacks</i> _____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Day 9 Date (e.g. 15/Dec/07): ____/____/____ M T W Th F Sat Sun

<i>Breakfast</i> home or out _____	<i>Lunch</i> home or out _____	<i>Supper</i> Home or out _____	<i>Other/snacks</i> _____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Day 10 Date (e.g. 15/Dec/07): ____/____/____ M T W Th F Sat Sun

<i>Breakfast</i> home or out _____	<i>Lunch</i> home or out _____	<i>Supper</i> Home or out _____	<i>Other/snacks</i> _____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____